

BANBURY

Free
EVENT

OLDER PEOPLE'S DAY WEDNESDAY 9 OCTOBER 2019

Royal Voluntary Service,
Cornhill Centre,

10.30AM - 4PM

FREE TASTER SESSIONS:

10.30-11.15am,
**GROOVE AEROBICS
LITE**

11am-2pm,
ARTS & CRAFTS

12.30pm-1.30pm,
LIVE MUSIC from
the Rusty Musicians

2.30pm-3.30pm,
DANCE AS YOU ARE



RVS ART EXHIBITION

HEALTH CHECKS

ELECTRIC BLANKET TESTING

(booking required - call 01865 895999
option 1 to book your appointment)

TEA/COFFEE

**INFORMATION AND ADVICE
FROM LOCAL SERVICE
PROVIDERS**